*Ausschreibung*
*Invitation*

# 11th International Vienna Long course Championship 2013

May 31th to June 2nd, 2013
Vienna "Stadionbad"

31. Mai - 02. Juni 2013
Wien „Stadionbad"

Place:
Wiener Stadionbad;
Prater-Krieau,
A- 1020 Vienna
8 lanes, 50m -outdoor-pool
Electronic timing

Ort:
Wiener Stadionbad;
Prater-Krieau,
A- 1020 Wien
8 Bahnen, 50m Freibad
elektronische Zeitmessung

**Landes - SchwimmVerband Wien**

ZVR: 908877428
http://www.wlsv.at/
p.Adr.: Gabriele Stecher
Maria-Theresien-Straße 11
5.Stock / Zi. 517
A – 1090 Wien
Tel: +43 699 149 11 939
Fax: +43 1 31316 99 83601
E-Mail: vize4@wlsv.at
Bank: BA-CA AG
Kto.: 09625 254 900
BLZ: 12000
IBAN: AT0211 0000 9625 254 900
BIC: BKAUTWW

The competition will be held according to FINA rules. It is open for all competitors, who have the permission to start, if their clubs are members of FINA.

Die Veranstaltung wird entsprechend der FINA Regeln ausgetragen. Startberechtigt sind alle nationalen und internationalen Teilnehmer, wenn ihr Club Mitglied der FINA ist.

## Seeding

The heats will be seeded according to the specified entry times. There are 8 age groups.

## Wertungen

Die Starts werden entsprechend der Meldezeiten gesetzt. Es gibt 8 Wertungsklassen.

| | Abr. | women | men |
|---|---|---|---|
| Open | OP | 1998 a. o. | 1996 a. o. |
| Junior 1 | JN1 | 1995 – 1996 | 1993 – 1994 |
| Junior 2 | JN2 | 1997 – 1998 | 1995 – 1996 |
| Youth | JG | 1999 – 2000 | 1997 – 1998 |
| Child 1 | S1 | 2001 – 2002 | 1999 – 2000 |
| Child 2 | S2 | 2003 – 2004 | 2001 – 2002 |
| Child 3 | S3 | | 2001 – 2004 |
| Master | MA | 1987 and older | |

For the age groups Child 2 women and Child 3 men there will be all 50m and 100m competitions as well as the 200m freestyle and 200m medley.

Für die Schülerklasse 2 Damen und Schülerklasse 3 Herren gibt es Wertungen für alle 50m und 100m Bewerbe sowie für 200m Freistil und 200m Lagen.

## Relays

There are 3 relay classes.

## Staffel

Es gibt 3 Staffel Wertungsklassen.

| | Abr. | women | male |
|---|---|---|---|
| R_Open | OP-R | 1996 a. o. | 1996 a. o. |
| R_Junior | J-R | 1997 - 2000 | 1997 - 2000 |
| R_Child | S-R | 2001 - 2004 | 2001 - 2004 |
| Master | MA | AG100, AG120, AG160, AG200, AG240, AG280, AG320 | |

## Finals:

There will be semi-finals and finals for all 50m competitions in open class, A- and B-finals for all 100m, 200m distances (there will only be B-finals, if there are 6 qualified swimmers after scratching at least!) and A-finals only for all 400m distances.
There will be heats for the 800m and 1500m freestyle, the fastest heats will be held in the finals sessions of the meeting.

## Finale

Für die 50m Distanzen der Allgemeinen Klasse gibt es Halb- und Finalläufe. Bei den 100m, 200m Strecken werden A- und B-Finale ausgetragen. (B-Finale finden nur statt, wenn nach der Streichfrist noch mindestens 6 Schwimmer qualifiziert sind!) Bei den 400m Distanzen gibt es nur A-Finale. Die 800m und 1500m Freistil sind Zeitläufe, wobei der schnellste Lauf im Finale ausgetragen wird.

Any scratches for semifinals and finals have to be announced 30 minutes after the respective heat or 15 minutes after the respective semi-final.

## Awards

The best three swimmers of each competition will receive medals. We have two categories, an international one for all competitors and a Viennese score for all participants of Viennese clubs. The medals shall be picked at the medals- table, except those for the International Open championships. These will be awarded after the finals.

The best performances in each category (except Masters) will be honoured with a cup according to FINA points.

## Masters

For all 50m events as well as the 200m freestyle there will be own Masters' competitions, which will then be ranked across age groups according to the "Aschaffenburger table." The relays will be ranked according to a slightly different scale, based on the "world record" of 2012/01/01.
A Masters event must have 3 swimmers or 3 relays at the start at least.

## Entry fees

€3.50 per single start and €7.- per relay is to be transferred to our bank account or to be paid in cash before the start of the events, **if you send the entries in Lenex format.**
Otherwise the fees are €5.50 per single start and €10.- per relay.

The complete competition is stored on our homepage in Lenex format. You can also download a free Lenex Entry Editor there!

Please, take care to write the surnames in CAPITAL LETTERS!

Die Streichfrist für die Halb- und Finalläufe endet 30 Minuten nach dem jeweiligen Vorlauf bzw. 15 Minuten nach dem jeweiligen Halbfinale.

## Auszeichnungen

Die besten drei jedes Bewerb bekommen Medaillen. Es gibt zwei Wertungen, die internationale Wertung für alle Clubs und die Wiener Wertung für die Wiener Clubs. Die Medaillen können beim Medaillentisch abgeholt werden, mit Ausnahme der internationalen offenen Wertung. Diese werden nach den Finalläufen geehrt.

Die besten Leistungen jeder Wertungsklasse (ausgenommen Masters) werden durch einen Pokal gemäß der FINA Punkteliste geehrt.

## Masters

Für alle 50m Bewerbe und für die 200m Freistil gibt es eine eigene Masters-Wertung gemäß der "Aschaffenburger-Tabelle" (ohne Berücksichtigung der Altersklassen!). Die Berechnung der Punkte für die Staffelwertung erfolgt nach dem „Weltrekord" vom 1.1.2012.
Ein Bewerb wird nur dann durchgeführt, wenn mindestens 3 Schwimmer bzw. 3 Staffeln am Start sind.

## Startgelder

€3.50 pro Einzelstart und €7.- für jeden Staffelstart sind auf unser Konto zu überweisen oder vor Veranstaltungsbeginn bar zu bezahlen, **wenn die Meldungen im Lenex Format übermittelt wurden**.
Ansonsten werden für die Einzelstarts €5.50 und €10.- fällig.
Die Veranstaltung im Lenex Format ist auf unserer Homepage gespeichert. Ebenfalls ist dort ein kostenloser Lenex Entry Editor zu finden.
Bitte unbedingt die Familiennamen in GROSSBUCHSTABEN schreiben.

## Lenex entry Editor

http://www.wlsv.at/sw_index.php?m=101&do=files&ac=l

## Invitation Lenex Format

http://www.wlsv.at/sw_index.php?m=0&do=events&ac=d&id=163

Entries should be presented by letter, fax or e-mail to the following address until **May 23rd, 2013,** at latest

Die Meldungen sind als Brief, Fax oder E-Mail bis spätestens **23. Mai 2013** an folgende Adresse zu senden

*Address:*

Ing. Andreas Steiner
Baranygasse 13/3, 1220 Wien
e-Mail: ***entries@wlsv.at***
Tel.: +43 664 662 8492

## Travel / Hotel

Costs for travel and accommodation will not be covered by the organizer. Informations about accommodation is available from

## Reise / Hotel

Kosten für An- und Abreise sowie das Hotel werden vom Veranstalter nicht getragen. Informationen für Übernachtungsmöglichkeiten sind erhätlich beim

### Wiener Tourismusverband

*Address:*

Obere Augartenstrasse 40
1020 Vienna
e-Mail: ***info@.wien.info***
Tel.: +43 1 24 555

http://www.wien.info/en/travel-info/hotels-accommodations

## Bank Account

## Bankverbindung

| | |
|---|---|
| Bank | BA-CA AG |
| Account | 0962-5254900 |
| BLZ | 11000 |
| IBAN | AT02 1100 0096 2525 4900 |
| BIC | BKAUATWW |

# Program of competition

| *Session 1* | | | | | *Preliminaries / Heats* |
|---|---|---|---|---|---|
| Date: | 31. Mai 2013 | | | | |
| Warm-up: | $08^{00}$ - $08^{55}$ | | End of scratching: | $08^{45}$ | |
| beginning: | $09^{00}$ | | Expected End: | $13^{00}$ | |

| | | | | | |
|---|---|---|---|---|---|
| Comp. 01: | 50m | Butterfly | | OP, JN1,JN2, JG, S1, S2 | Women |
| Comp. 02: | 50m | Butterfly | heats | MA | Women |
| Comp. 03: | 50m | Butterfly | | OP, JN1,JN2, JG, S1, S2, S3 | Man |
| Comp. 04: | 50m | Butterfly | heats | MA | Man |
| **Heats Comp. 05 to 14: three fastest heats** | | | | | |
| Comp. 05: | 200m | Backstroke | | OP, JN1,JN2, JG, S1 | Women |
| Comp. 06: | 200m | Backstroke | | OP, JN1,JN2, JG, S1, S2 | Man |
| Comp. 07: | 100m | Freestyle | | OP, JN1,JN2, JG, S1, S2 | Women |
| Comp. 08: | 100m | Freestyle | | OP, JN1,JN2, JG, S1, S2, S3 | Man |
| Comp. 09: | 50m | Breaststroke | | OP, JN1,JN2, JG, S1, S2 | Women |
| Comp. 10: | 50m | Breaststroke | heats | MA | Women |
| Comp. 11: | 50m | Breaststroke | | OP, JN1,JN2, JG, S1, S2, S3 | Man |
| Comp. 12: | 50m | Breaststroke | heats | MA | Man |
| Comp. 13: | 400m | Medley | | OP, JN1,JN2, JG, S1 | Women |
| Comp. 14: | 400m | Medley | | OP, JN1,JN2, JG, S1, S2 | Man |
| Comp. 15[1] | 1500m | Freestyle | heats | OP, JN1,JN2, JG, S1 | Women |
| Comp. 16[2] | 1500m | Freestyle | heats | OP, JN1,JN2, JG, S1, S2 | Man |

| *Session 2* | | | | | *Semi Finals and Finals* |
|---|---|---|---|---|---|
| Date: | 31. Mai 2013 | | | | |
| Warm-up: | $16^{00}$ - $16^{55}$ | | End of scratching : | $16^{45}$ | |
| beginning: | $17^{00}$ | | Expected End: | $19^{00}$ | |

| | | | | | |
|---|---|---|---|---|---|
| Comp. 17: | 50m | Butterfly | | Semi Finals | Women |
| Comp. 18: | 50m | Butterfly | | Semi Finals | Man |
| Comp. 19: | 200m | Backstroke | | A and B Finals | Women |
| Comp. 20: | 200m | Backstroke | | A and B Finals | Man |
| Comp. 21: | 100m | Freestyle | | A and B Finals | Women |
| Comp. 22: | 100m | Freestyle | | A and B Finals | Man |
| Comp. 23: | 50m | Breaststroke | | Semi Finals | Women |
| Comp. 24: | 50m | Breaststroke | | Semi Finals | Man |
| Comp. 25: | 400m | Medley | | Finals | Women |
| Comp. 26: | 400m | Medley | | Finals | Man |
| Comp. 27: | 1500m | Freestyle | | fastest Heat | Women |
| Comp. 28: | 1500m | Freestyle | | fastest Heat | Man |
| Comp. 29: | 4x200m | Freestyle | heats | OP-R | Women |
| Comp. 30: | 4x200m | Freestyle | heats | OP-R | Man |

[1] The fastest heats will be in the afternoon session / Die schnellsten Läufe sind im Nachmittagsabschnitt
[2] The fastest heats will be in the afternoon session / Die schnellsten Läufe sind im Nachmittagsabschnitt

## Session 3 — Preliminaries / Heats

| | | | |
|---|---|---|---|
| Date: | 01. June 2013 | | |
| Warm-up: | $08^{00}$ - $08^{55}$ | End of scratching : | $08^{45}$ |
| beginning: | $09^{00}$ | Expected End: | $13^{00}$ |

| | | | | | |
|---|---|---|---|---|---|
| Comp. 31: | 50m | Freestyle | | OP, JN1,JN2, JG, S1, S2 | Women |
| Comp. 32: | 50m | Freestyle | heats | MA | Women |
| Comp. 33: | 50m | Freestyle | | OP, JN1,JN2, JG, S1, S2, S3 | Man |
| Comp. 34: | 50m | Freestyle | heats | MA | Man |

**Heats Comp. 35 to 46: three fastest heats**

| | | | | | |
|---|---|---|---|---|---|
| Comp. 35: | 100m | Backstroke | | OP, JN1,JN2, JG, S1, S2 | Women |
| Comp. 36: | 100m | Backstroke | | OP, JN1,JN2, JG, S1, S2, S3 | Man |
| Comp. 37: | 200m | Breaststroke | | OP, JN1,JN2, JG, S1 | Women |
| Comp. 38: | 200m | Breaststroke | | OP, JN1,JN2, JG, S1, S2 | Man |
| Comp. 39: | 50m | Backstroke | | OP, JN1,JN2, JG, S1, S2 | Women |
| Comp. 40: | 50m | Backstroke | heats | MA | Women |
| Comp. 41: | 50m | Backstroke | | OP, JN1,JN2, JG, S1, S2, S3 | Man |
| Comp. 42: | 50m | Backstroke | heats | MA | Man |
| Comp. 43: | 100m | Butterfly | | OP, JN1,JN2, JG, S1, S2 | Women |
| Comp. 44: | 100m | Butterfly | | OP, JN1,JN2, JG, S1, S2, S3 | Man |
| Comp. 45: | 400m | Freestyle | | OP, JN1,JN2, JG, S1 | Women |
| Comp. 46: | 400m | Freestyle | | OP, JN1,JN2, JG, S1, S2 | Man |
| Comp. 47: | 4x50m | Freestyle | heats | S-R | Women |
| Comp. 48: | 4x50m | Freestyle | heats | S-R | Man |
| Comp. 49: | 4x50m | Freestyle | heats | MA | M/W |
| Comp. 50: | 4x100m | Medley | heats | J-R | Women |
| Comp. 51: | 4x100m | Medley | heats | J-R | Man |

## Session 4 — Semi Finals and Finals

| | | | |
|---|---|---|---|
| Date: | 01. June 2013 | | |
| Warm-up: | $16^{00}$ - $16^{55}$ | End of scratching : | $16^{45}$ |
| beginning: | $17^{00}$ | Expected End: | $19^{00}$ |

| | | | | |
|---|---|---|---|---|
| Comp. 52: | 50m | Freestyle | Semi Finals | Women |
| Comp. 53: | 50m | Freestyle | Semi Finals | Man |
| Comp. 54: | 100m | Backstroke | A and B Finals | Women |
| Comp. 55: | 100m | Backstroke | A and B Finals | Man |
| Comp. 56: | 50m | Butterfly | Finals | Women |
| Comp. 57: | 50m | Butterfly | Finals | Man |
| Comp. 58: | 200m | Breaststroke | A and B Finals | Women |
| Comp. 59: | 200m | Breaststroke | A and B Finals | Man |
| Comp. 60: | 50m | Backstroke | Semi Finals | Women |
| Comp. 61: | 50m | Backstroke | Semi Finals | Man |
| Comp. 62: | 100m | Butterfly | A and B Finals | Women |
| Comp. 63: | 100m | Butterfly | A and B Finals | Man |
| Comp. 64: | 50m | Breaststroke | Finals | Women |
| Comp. 65: | 50m | Breaststroke | Finals | Man |
| Comp. 66: | 400m | Freestyle | Finals | Women |
| Comp. 67: | 400m | Freestyle | Finals | Man |
| Comp. 68: | 4x100m | Medley | heats OP-R | Women |
| Comp. 69: | 4x100m | Medley | heats OP-R | Man |

## Session 5 — Preliminaries / Heats

| | | | |
|---|---|---|---|
| Date: | 02. June 2013 | | |
| Warm-up: | $08^{00}$ - $08^{55}$ | End of scratching : | $08^{45}$ |
| beginning: | $09^{00}$ | Expected End: | $13^{00}$ |

**Heats Comp. 70 to 79: three fastest heats**

| | | | | | |
|---|---|---|---|---|---|
| Comp. 70: | 200m | Freestyle | | OP, JN1,JN2, JG, S1, S2 | Women |
| Comp. 71: | 200m | Freestyle | heats | MA | Women |
| Comp. 72: | 200m | Freestyle | | OP, JN1,JN2, JG, S1, S2, S3 | Man |
| Comp. 73: | 200m | Freestyle | heats | MA | Man |
| Comp. 74: | 100m | Breaststroke | | OP, JN1,JN2, JG, S1, S2 | Women |
| Comp. 75: | 100m | Breaststroke | | OP, JN1,JN2, JG, S1, S2, S3 | Man |
| Comp. 76: | 200m | Butterfly | | OP, JN1,JN2, JG, S1 | Women |
| Comp. 77: | 200m | Butterfly | | OP, JN1,JN2, JG, S1, S2 | Man |
| Comp. 78: | 200m | Medley | | OP, JN1,JN2, JG, S1, S2 | Women |
| Comp. 79: | 200m | Medley | | OP, JN1,JN2, JG, S1, S2, S3 | Man |
| Comp. 80[3]: | 800m | Freestyle | heats | OP, JN1,JN2, JG, S1 | Women |
| Comp. 81[4]: | 800m | Freestyle | heats | OP, JN1,JN2, JG, S1, S2 | Man |
| Comp. 82: | 4x50m | Medley | heats | S-R | Women |
| Comp. 83: | 4x50m | Medley | heats | S-R | Man |
| Comp. 84: | 4x50m | Medley | heats | MA | M/W |
| Comp. 85: | 4x100m | Freestyle | heats | J-R | Women |
| Comp. 86: | 4x100m | Freestyle | heats | J-R | Man |

## Session 6 — Semi Finals and Finals

| | | | |
|---|---|---|---|
| Date: | 02. June 2013 | | |
| Warm-up: | $15^{00}$ - $15^{55}$ | End of scratching : | $15^{45}$ |
| beginning: | $16^{00}$ | Expected End: | $18^{00}$ |

| | | | | |
|---|---|---|---|---|
| Comp. 87: | 50m | Freestyle | Finals | Women |
| Comp. 88: | 50m | Freestyle | Finals | Man |
| Comp. 89: | 200m | Freestyle | A and B Finals | Women |
| Comp. 90: | 200m | Freestyle | A and B Finals | Man |
| Comp. 91: | 100m | Breaststroke | A and B Finals | Women |
| Comp. 92: | 100m | Breaststroke | A and B Finals | Man |
| Comp. 93: | 50m | Backstroke | Finals | Women |
| Comp. 94: | 50m | Backstroke | Finals | Man |
| Comp. 95: | 200m | Butterfly | A and B Finals | Women |
| Comp. 96: | 200m | Butterfly | A and B Finals | Man |
| Comp. 97: | 200m | Medley | A and B Finals | Women |
| Comp. 98: | 200m | Medley | A and B Finals | Man |
| Comp. 99: | 800m | Freestyle | fastest Heat | Women |
| Comp. 100: | 800m | Freestyle | fastest Heat | Man |
| Comp. 101: | 4x100m | Freestyle | heats OP-R | Women |
| Comp. 102: | 4x100m | Freestyle | heats OP-R | Man |

[3] The fastest heats will be in the afternoon session / Die schnellsten Läufe sind im Nachmittagsabschnitt
[4] The fastest heats will be in the afternoon session / Die schnellsten Läufe sind im Nachmittagsabschnitt

# Records of the International Vienna Championships

## Meet record list women

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 50m | Freestyle | 00:25,72 | Fabienne NADARAJAH | 85 | AUT | SVS Niederösterreich | 2008 |
| 100m | Freestyle | 00:56,11 | Birgit Koschischek | 87 | AUT | Eisenstädter SU | 2009 |
| 200m | Freestyle | 02:02,51 | Verena KLOCKER | 85 | AUT | National Team | 2009 |
| 400m | Freestyle | 04:18,15 | Nagy Reka | 86 | HUN | National Team | 2003 |
| 800m | Freestyle | 08:57,74 | Petra Zahrl | 81 | AUT | Donau | 2002 |
| 1500m | Freestyle | 16:38,56 | Reka Nagy | 86 | HUN | National Team | 2003 |
| 50m | Breaststroke | 00:32,90 | Beata KAMINSKA | 80 | POL | National Team | 2008 |
| 100m | Breaststroke | 01:10,57 | Beata KAMINSKA | 80 | POL | National Team | 2008 |
| 200m | Breaststroke | 02:33,58 | Sandra SWIERCZEWSKA | 86 | AUT | SC Austria | 2009 |
| 50m | Butterfly | 00:27,10 | Nadarajah Fabienne | 85 | AUT | SVS Energiecomfort | 2003 |
| 100m | Butterfly | 00:59,88 | Birgit Koschischek | 86 | AUT | Eisenstädter SU | 2008 |
| 200m | Butterfly | 02:10,86 | Nina DITTRICH | 90 | AUT | SVS Simmering | 2008 |
| 50m | Backstroke | 00:29,38 | Klara VACLAVIKOVA | 87 | CZE | Kometa Brno | 2011 |
| 100m | Backstroke | 01:03,02 | Kalicz Helga | 83 | HUN | National Team | 2006 |
| 200m | Backstroke | 02:14,25 | Verrasztö Evelyn | 89 | HUN | A Jövö SC II | 2006 |
| 200m | Medley | 02:16,81 | Jakobos Zsuzsanna | 89 | HUN | National Team | 2005 |
| 400m | Medley | 04:44,10 | Jakobos Zsuzsanna | 89 | HUN | National Team | 2005 |
| 4x 100m | Freestyle | 04:06,81 | Laura DAWSON, Helen McROBERTS, Elizabeth HUGHES, Sara HAMILTON | | GBR | Scottish Swimming | 2008 |
| 4x 200m | Freestyle | 08:50,78 | Sara HAMILTON, Helen McROBERTS, Laura DAWSON, Katie BELL | | GBR | Scottish Swimming | 2008 |
| 4x 100m | Ind. Medley | 04:26,94 | Stephanie HANLEY, Corrie SCOTT, Laura DAWSON, Sara HAMILTON | | GBR | Scottish Swimming | 2008 |

## Meet record list men

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 50m | Freestyle | 00:23,10 | Roman KUCIK | 81 | SVK | VSC Bystrica | 2011 |
| 100m | Freestyle | 00:50,73 | Janos CSAKI | 86 | HUN | Kometa Brno | 2008 |
| 200m | Freestyle | 01:50,09 | Koll Dominik | 84 | AUT | SK Vöest | 2004 |
| 400m | Freestyle | 03:55,52 | Janistyn Florian | 88 | AUT | SG Wr. Eustadt | 2008 |
| 800m | Freestyle | 08:00,54 | Kiss Gergö | 88 | HUN | Balaton Uszu Klub | 2007 |
| 1500m | Freestyle | 15:46,88 | Gercsak Balazs | 85 | HUN | A Jövö SC II | 2006 |
| 50m | Breaststroke | 00:28,59 | Flaskay Mihaly | 82 | HUN | National Team | 2005 |
| 100m | Breaststroke | 01:02,17 | Richard Bodor | 79 | HUN | National Team | 2003 |
| 200m | Breaststroke | 02:15,31 | Slawomir KUCZKO | 85 | POL | National Team | 2008 |
| 50m | Butterfly | 00:24,47 | Peter Horvath | 74 | HUN | National Team | 2003 |
| 100m | Butterfly | 00:53,09 | Konrad CZERNIAK | 89 | POL | National Team | 2008 |
| 200m | Butterfly | 02:00,04 | Kiss Gergö | 72 | HUN | National Team | 2006 |
| 50m | Backstroke | 00:25,99 | Marcin UNOLD | 86 | POL | National Team | 2008 |
| 100m | Backstroke | 00:56,61 | Erwin DOKTOR | 83 | AUT | SV Wörthersee | 2009 |
| 200m | Backstroke | 02:02,50 | Stoss Sebastian | 86 | AUT | SVS Schwechat | 2006 |
| 200m | Medley | 02:03,42 | Jakub JASINSKI | 87 | POL | National Team | 2008 |
| 400m | Medley | 04:19,23 | Kiss Gergö | 88 | HUN | National Team | 2006 |
| 4x 100m | Freestyle | 03:30,53 | Paolo VILLA, Nicolò OLDRINI, Jarno LIMIDO, Nicolò OSSOLA | | ITA | Insubrika | 2009 |
| 4x 200m | Freestyle | 07:53,70 | Carlo Alberto TESTA, Paolo VILLA, Nicolò MARANZANA, Jarno LIMIDO | | ITA | Insubrika | 2009 |
| 4x 100m | Ind. Medley | 03:42,70 | Marcin UNOLD, Mariusz WINOGRODZKI, Konrad CZERNIAK, Kajetan ZALUSKI | | POL | Poland | 2008 |

## Entry List for the
# 11th International LC Vienna Championships

Club: _____ Date: _____

Fax No.: _____ Sheet: _____ / _____

surname: _____ ☐ Male ☐ Female

given name: _____ YoB: _____

| Comp. No.: | | | | | | | |
|---|---|---|---|---|---|---|---|
| m/Discipline | | | | | | | |
| Time | | | | | | | |

surname: _____ ☐ Male ☐ Female

given name: _____ YoB: _____

| Comp. No.: | | | | | | | |
|---|---|---|---|---|---|---|---|
| m/Discipline | | | | | | | |
| Time | | | | | | | |

surname: _____ ☐ Male ☐ Female

given name: _____ YoB: _____

| Comp. No.: | | | | | | | |
|---|---|---|---|---|---|---|---|
| m/Discipline | | | | | | | |
| Time | | | | | | | |

surname: _____ ☐ Male ☐ Female

given name: _____ YoB: _____

| Comp. No.: | | | | | | | |
|---|---|---|---|---|---|---|---|
| m/Discipline | | | | | | | |
| Time | | | | | | | |

surname: _____ ☐ Male ☐Female

given name: _____ YoB: _____

| Comp. No.: | | | | | | | |
|---|---|---|---|---|---|---|---|
| m/Discipline | | | | | | | |
| Time | | | | | | | |

surname: _____ ☐ Male ☐Female

given name: _____ YoB: _____

| Comp. No.: | | | | | | | |
|---|---|---|---|---|---|---|---|
| m/Discipline | | | | | | | |
| Time | | | | | | | |