

Wettkampf 38
13.03.2016 - 11:05

Frauen, 400m Freistil

Jahrgang 1991 und älter
Protokoll

Rang	Jg.		Zeit	
Viennese Rating				
1.	STOCKINGER, Michaela	55	SC Hakoah Wien	6:23.00 770
	50m: 43.28 43.28	150m: 2:20.45 48.72	250m: 3:58.60 48.86	350m: 5:35.74 48.57
	100m: 1:31.73 48.45	200m: 3:09.74 49.29	300m: 4:47.17 48.57	400m: 6:23.00 47.26
2.	STROSCHEIDER, Tanja	90	SC Hakoah Wien	4:57.71 728
	50m: 34.10 34.10	150m: 1:48.56 37.62	250m: 3:04.16 37.75	350m: 4:20.17 38.00
	100m: 1:10.94 36.84	200m: 2:26.41 37.85	300m: 3:42.17 38.01	400m: 4:57.71 37.54
3.	ROSENBLATT, Lisa	63	SC Hakoah Wien	5:29.99 653
	50m: 38.13 38.13	150m: 2:00.50 41.74	250m: 3:24.33 42.09	350m: 4:48.57 42.11
	100m: 1:18.76 40.63	200m: 2:42.24 41.74	300m: 4:06.46 42.13	400m: 5:29.99 41.42
4.	CHOUN, Corinna	87	SC Hakoah Wien	5:28.12 544
	50m: 37.15 37.15	150m: 2:00.15 42.09	250m: 3:24.19 41.58	350m: 4:48.07 41.91
	100m: 1:18.06 40.91	200m: 2:42.61 42.46	300m: 4:06.16 41.97	400m: 5:28.12 40.05
5.	PLIESSNIG, Ingrid	64	ASV Wien	5:52.29 537
	50m: 37.59 37.59	150m: 2:05.44 45.32	250m: 3:36.05 45.28	350m: 5:08.54 46.28
	100m: 1:20.12 42.53	200m: 2:50.77 45.33	300m: 4:22.26 46.21	400m: 5:52.29 43.75
6.	TRAUB, Monika	67	Swim Club Vienna Oldies	6:11.97 444
	50m: 36.78 36.78	150m: 2:04.57 45.89	250m: 3:40.10 48.09	350m: 5:21.65 51.75
	100m: 1:18.68 41.90	200m: 2:52.01 47.44	300m: 4:29.90 49.80	400m: 6:11.97 50.32
7.	HÖNECKE, Angelika	63	Wiener Sport Club	6:26.34 407
	50m: 42.67 42.67	150m: 2:18.25 48.96	250m: 3:57.98 49.85	350m: 5:38.18 50.02
	100m: 1:29.29 46.62	200m: 3:08.13 49.88	300m: 4:48.16 50.18	400m: 6:26.34 48.16
8.	WYCISK, Agata	85	SC Diana Wien	8:11.13 172
	50m: 53.30 53.30	150m: 2:56.14 1:02.48	250m: 5:02.21 1:02.94	350m: 7:07.03 1:01.27
	100m: 1:53.66 1:00.36	200m: 3:59.27 1:03.13	300m: 6:05.76 1:03.55	400m: 8:11.13 1:04.10

International Rating

1.	SZOKOL, Dianna	71	Nyirseniör 97	4:41.87 1021
	50m: 32.72 32.72	150m: 1:42.41 34.93	250m: 2:53.84 35.85	350m: 4:06.03 36.33
	100m: 1:07.48 34.76	200m: 2:17.99 35.58	300m: 3:29.70 35.86	400m: 4:41.87 35.84
2.	KUTSCHBACH, Barbara	58	SU Generali Salzburg	5:26.86 952
	50m: 36.10 36.10	150m: 1:57.89 41.92	250m: 3:22.51 42.29	350m: 4:46.91 41.96
	100m: 1:15.97 39.87	200m: 2:40.22 42.33	300m: 4:04.95 42.44	400m: 5:26.86 39.95
3.	STOCKINGER, Michaela	55	SC Hakoah Wien	6:23.00 770
	50m: 43.28 43.28	150m: 2:20.45 48.72	250m: 3:58.60 48.86	350m: 5:35.74 48.57
	100m: 1:31.73 48.45	200m: 3:09.74 49.29	300m: 4:47.17 48.57	400m: 6:23.00 47.26
4.	STROSCHEIDER, Tanja	90	SC Hakoah Wien	4:57.71 728
	50m: 34.10 34.10	150m: 1:48.56 37.62	250m: 3:04.16 37.75	350m: 4:20.17 38.00
	100m: 1:10.94 36.84	200m: 2:26.41 37.85	300m: 3:42.17 38.01	400m: 4:57.71 37.54
5.	CZIFRIK, Hajnalka	66	Széchy T. SI Sopron	5:20.25 714
	50m: 35.86 35.86	150m: 1:55.31 40.37	250m: 3:18.29 41.60	350m: 4:41.16 41.09
	100m: 1:14.94 39.08	200m: 2:36.69 41.38	300m: 4:00.07 41.78	400m: 5:20.25 39.09
6.	REMEYNI, Ute	39	Salzburger TV	7:41.63 696
	50m: 50.99 50.99	150m: 2:46.23 58.84	250m: 4:46.18 1:00.31	350m: 6:44.90 59.05
	100m: 1:47.39 56.40	200m: 3:45.87 59.64	300m: 5:45.85 59.67	400m: 7:41.63 56.73
7.	ROSENBLATT, Lisa	63	SC Hakoah Wien	5:29.99 653
	50m: 38.13 38.13	150m: 2:00.50 41.74	250m: 3:24.33 42.09	350m: 4:48.57 42.11
	100m: 1:18.76 40.63	200m: 2:42.24 41.74	300m: 4:06.46 42.13	400m: 5:29.99 41.42
8.	RIGO, Melinda	84	Vasas Sport Club	5:22.30 611
	50m: 36.14 36.14	150m: 1:57.52 41.13	250m: 3:20.73 41.50	350m: 4:42.89 40.82
	100m: 1:16.39 40.25	200m: 2:39.23 41.71	300m: 4:02.07 41.34	400m: 5:22.30 39.41

Wettkampf 38, Frauen, 400m Freistil, International Rating

Rang					Jg.					Zeit		
9.	CHOUN, Corinna				87	SC Hakoah Wien				5:28.12	544	
	50m:	37.15	37.15	150m:	2:00.15	42.09	250m:	3:24.19	41.58	350m:	4:48.07	41.91
	100m:	1:18.06	40.91	200m:	2:42.61	42.46	300m:	4:06.16	41.97	400m:	5:28.12	40.05
10.	PLIESSNIG, Ingrid				64	ASV Wien				5:52.29	537	
	50m:	37.59	37.59	150m:	2:05.44	45.32	250m:	3:36.05	45.28	350m:	5:08.54	46.28
	100m:	1:20.12	42.53	200m:	2:50.77	45.33	300m:	4:22.26	46.21	400m:	5:52.29	43.75
11.	TRAUB, Monika				67	Swim Club Vienna Oldies				6:11.97	444	
	50m:	36.78	36.78	150m:	2:04.57	45.89	250m:	3:40.10	48.09	350m:	5:21.65	51.75
	100m:	1:18.68	41.90	200m:	2:52.01	47.44	300m:	4:29.90	49.80	400m:	6:11.97	50.32
12.	GRUNICKE, Vicki				76	SV Wörthersee				6:06.08	432	
	50m:	40.50	40.50	150m:	2:14.26	47.82	250m:	3:48.35	46.98	350m:	5:21.62	46.45
	100m:	1:26.44	45.94	200m:	3:01.37	47.11	300m:	4:35.17	46.82	400m:	6:06.08	44.46
13.	HÖNECKE, Angelika				63	Wiener Sport Club				6:26.34	407	
	50m:	42.67	42.67	150m:	2:18.25	48.96	250m:	3:57.98	49.85	350m:	5:38.18	50.02
	100m:	1:29.29	46.62	200m:	3:08.13	49.88	300m:	4:48.16	50.18	400m:	6:26.34	48.16
14.	DINNYÉS, Ildikó				61	Egri Senior Uszoclub				8:09.58	283	
	50m:	52.72	52.72	150m:	2:53.42	1:00.88	250m:	5:00.27	1:04.59	350m:	7:06.48	1:01.52
	100m:	1:52.54	59.82	200m:	3:55.68	1:02.26	300m:	6:04.96	1:04.69	400m:	8:09.58	1:03.10
15.	WYCISK, Agata				85	SC Diana Wien				8:11.13	172	
	50m:	53.30	53.30	150m:	2:56.14	1:02.48	250m:	5:02.21	1:02.94	350m:	7:07.03	1:01.27
	100m:	1:53.66	1:00.36	200m:	3:59.27	1:03.13	300m:	6:05.76	1:03.55	400m:	8:11.13	1:04.10